

# Fostering Psychological Safety in the Creative Arts Environment

A short survey designed to get some feedback and insights into the role that psychological safety might play in a creative arts context.

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## Introduction

Thank you for taking part in this survey. We estimate this questionnaire will take around **2-3 hours to complete**.

### Disclaimer:

Your responses are valuable for research purposes to understand experiences in the online learning environment and what we can do to keep improving these and making them more inclusive for all. Some questions in this survey may touch upon sensitive topics such as feelings of discomfort or exclusion as part of studying at UAL. We encourage you to answer honestly, but please note that you do not have to respond to any question that makes you uncomfortable. Your participation is totally **voluntary**, and all responses will remain **confidential**. All responses are **anonymised**. If you have any concerns or questions, please feel free to contact me (Yasi) at [y.tehrani@arts.ac.uk](mailto:y.tehrani@arts.ac.uk) Thank you for your contribution to this research.

We recommend that you answer the following questions based on your current course at the University of the Arts London (UAL).

1. What course or programme are you currently studying at UAL? Please include whether it is UG or PG \*

2. What format is your course? \*

- ☐ Residential
- ☐ Online
- ☐ Hybrid (50 - 50 split)
- ☐ Low-residency

☐ Other

3. Did your course include an induction? \*

☐ Yes

☐ No

☐ Not sure

4. After completing the induction, did you feel as though you were in a position where you felt closer to your peers or your tutor, and therefore more comfortable to share your thoughts or work with them? \*

5. How did you feel before you started your course? Were the feelings generally more on the positive or negative side? \*

## Part 1

6. \*

At the beginning of your course, how comfortable did you feel expressing your opinions and ideas? (either in the online learning environment or in the classroom)

- ☐ Extremely uncomfortable
- ☐ Not comfortable
- ☐ Neutral
- ☐ Somewhat comfortable
- ☐ Very comfortable

7.

How comfortable do you now feel in expressing your opinions and ideas? (either in the online learning environment or in the classroom) \*

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- ☐ Extremely uncomfortable
- ☐ Not comfortable
- ☐ Neutral
- ☐ Somewhat comfortable
- ☐ Very comfortable

8. Have you ever felt hesitant or afraid to contribute to discussions or share your creative work due to concerns about how others might react?

\*

- ☐ Yes
- ☐ No
- ☐ Not sure

9. Please explain your response, only if you feel comfortable to do so.

10. Have you experienced any instances where you felt excluded or marginalised in the (online) classroom? \*

- ☐ Yes
- ☐ No
- ☐ Not sure

11. If yes, how did it impact your learning experience? (Again, please only share if you are comfortable to do so).

12. \*

How important do you think it is for the curriculum to explicitly address psychological safety and inclusivity?

- ☐ Not at all important
- ☐ Slightly important
- ☐ Neutral
- ☐ Quite important
- ☐ Very important

13. What strategies or practices do you believe could enhance psychological safety in online courses? \*

14. Do you think it would have been useful to have had an induction activity that focussed on psychological safety in the context of creative arts? \*

- ☐ Yes
- ☐ No
- ☐ Not sure

15. Do you think that does anonymity or pseudonymity in specifically online interactions would affect your willingness to take part in learning activities and share your thoughts or creative work?

\*

- ☐ Yes
- ☐ No
- ☐ Not sure

16. Anonymity or pseudonymity in online interactions would affect my willingness to take part in learning activities and share my thoughts or creative work because...

\*

17. What do you think are the specific challenges or barriers that certain groups of students face regarding psychological safety in online learning? Please explain your answer giving as much detail as you can, drawing on your lived experience if you feel comfortable to do so.

\*

18. In your opinion, what role do course tutors and designers play in promoting psychological safety and inclusivity in online education?

\*

## **Thank you very much**

Thank you for taking the time to complete this survey. Your valuable insights will contribute to our understanding of psychological safety and inclusivity in online learning environments. Your responses are anonymous and will be used solely for research purposes. Your participation is greatly appreciated!

Please do remember to submit your hours on Arts Temps once you have completed the questionnaire.